

# Working Together to Support Children's Learning and Development

As a parent, you are the expert about your child and have the most impact on his/her development. That is the foundation of the work we do in the N.C. Infant-Toddler Program (ITP).

We provide services for your child in places and in ways that your child and family typically spend time, such as in your home, at a childcare center or during mealtimes.

Professionals who work with the ITP through the Children's Developmental Services Agency (CDSA) will guide you on how to use your family's everyday activities to help your child learn and develop through your interactions.

The CDSA staff and its providers use coaching to help you and other caregivers support your child's learning and development.



## Plan

At the beginning of each visit, you and your provider will talk about what has happened between visits. Let your provider know what you've tried and what has and hasn't worked for your family. Share anything that's new or that's changed with your child or your family's situation. On your first visit, you will develop a plan with your provider. You will review that plan and your family's progress during future visits.



## Observe

Your provider may ask to watch how you and your child play and interact. Through this observation, the provider may ask to show you a new strategy to help support your child's development.



## Practice

Then it's your turn. Your provider may ask you to practice the strategies you've been shown. Together, you'll practice new ways to achieve the results you want for your child and your family using everyday routines and activities.



## Reflect

You and your provider will talk about the strategies you've tried during this visit. You'll discuss why you think the strategies did or didn't work. Together you'll build on this knowledge to achieve the outcomes you've set for your child and family.



## Feedback

You'll receive feedback and information from your provider as you work together to identify the best strategies for your family.



## Plan

At the end of your visit, your provider will help you develop your plan of what you'll try between visits. Then you'll schedule your next time together and talk about what you'll work on during that visit.



NC Infant-Toddler Program [www.bearly.nc.gov](http://www.bearly.nc.gov)

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