

Start Here

Roadmap for Reflection: Coachee Presents an Issue

Coaching the Coach: A Guide for Reflective Questions and Feedback

Coachee presents an issue to the Coach

What are your thoughts about why this is happening?

What have you done so far?

Why do you think the past solutions are or are not working?

What other ideas do you have for solving the issue?

Brainstorm ideas and/or share research-based ideas/information if necessary.

Explore advantages and disadvantages of ideas with coachee and assist with prioritizing best options.

Provide information about other considerations, if needed.

What other questions or ideas does that information generate for you?

What is your plan?

What additional supports do you need?

When should we revisit this plan?

The Roadmap for Reflection *Coachee Presents an Issue* follows a basic flow that includes:

- Developing an awareness of the situation
- Identifying existing knowledge and resources for resolving the situation
- Identifying a variety of alternatives to resolve the situation
- Weighing the advantages and disadvantages of the various alternatives
- Taking a broad look at other considerations that impact the situation (including any special skills needed)
- Developing an action plan and plan for follow-up



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