

Coaching Practice Instructions and Scenerios

Rules of the Road

- Choose a parent and a coach
- Let your coach be a coach
- Use roadmaps and other resources
- If coach asks yes/no, answer yes/no
- Spend 5-7 minutes coaching





Practice Coaching Conversation #1

During a home visit, Dylan's mother asks you about a community part-day preschool near their house. Her friend's child attends the program and they love it. You know some information from previous experiences with other families who have attended. Dylan has an outcome on his IFSP about having opportunities to be with other children his age in their neighborhood and Dylan's mom asks you if you think he should go there.

Have a coaching conversation with Dylan's mother. Follow the guidelines for sharing information and help her analyze this resource.



Practice Conversation #2

Your joint plan on your last visit was for the family to go to story time at their neighborhood library. The family was going to try talking with Nevaeh on the way to story time about what to expect and was going to try having her sit with other children on the carpet.

Revisit the joint plan with the family and have them analyze their experience, provide information and generate ideas, and make a new joint plan for their next visit.